

Activity 活動項目		Grade 級別	P1	P2	P3	P4	P5	P6	S1	S2	S3	S4	S5	S6	S7	
		小一	小二	小三	小四	小五	小六	中一	中二	中三	中四	中五	中六	中七		
Body Weight & Height Measurement 體重及身高量度			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Blood Pressure Measurement 血壓量度							✓		✓		✓		✓		✓	
Vision 視力	Visual Acuity Test 視力測試		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Astigmatism Test 散光測試		If indicated 按情況需要													
	Stereopsis Test 立體視覺測試		✓													
	Colour Vision Test 色覺測試							✓								
Hearing Test 聽覺測試			✓	If indicated 按情況需要						✓	If indicated 按情況需要					
Checking of Immunisation Status 免疫接種核對									✓	✓	✓	✓	✓	✓	✓	
History Taking 病歷記錄			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Physical Examination 身體檢查			✓		If indicated 按情況需要		✓		✓		✓		✓		✓	
Pubertal Development Assessment 青春期發育評估			If indicated 按情況需要													
Spinal Assessment 脊椎骨評估			Age 10 or above and if indicated 10 歲或以上及按情況需要				✓		✓		✓	If indicated 按情況需要				
Psychological Health Assessment Questionnaire 心理健康評估問卷	For Student 學生填表				✓		✓				✓		✓			
	For Parent 家長填表			✓		✓		✓								
Individual Health Counselling 個別輔導			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Group Health Talk 健康講座			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
Laboratory Test & Other Investigations 化驗及其他檢驗			If indicated 按情況需要													
Prescription/ Referral / Follow-up 治療/轉介/跟進			If indicated 按情況需要													
Child Health Record Updating 兒童健康記錄填寫			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

Key: P – Primary 小學 S – Secondary 中學