

全校园健康计划 WHOLE SCHOOL HEALTH PROGRAMME

计划背景 BACKGROUND

卫生署学生健康服务于2019至2023学年以先导形式在三十所本地中小学推行「健康促进学校计划」，并参考世界卫生组织所倡议的「健康促进学校计划」框架下的全校模式，协助学校有系统地检视及制订健康促进措施，逐步成为一个有益于生活、学习及工作的健康环境。

卫生署经评估后，于2023/24学年继续推行「健康促进学校计划」，同时将计划命名为「全校园健康计划」(计划)。

Student Health Service of the Department of Health (DH) launched the pilot Health Promoting School (HPS) Programme in 30 local primary and secondary schools from the 2019/20 to 2022/23 school years based on the HPS concept advocated by the World Health Organization (WHO). The aim is to provide professional guidance to systematically review and assess health promotion measures in school to strengthen its capacity as healthy setting for living, learning and working. After evaluation of the pilot programme, DH regularised the programme in the 2023/24 school year and renamed it "Whole School Health Programme (WSHP)".

计划内容 CONTENT

计划环绕四大健康主题，包括体能活动、健康饮食、精神健康和社交健康。

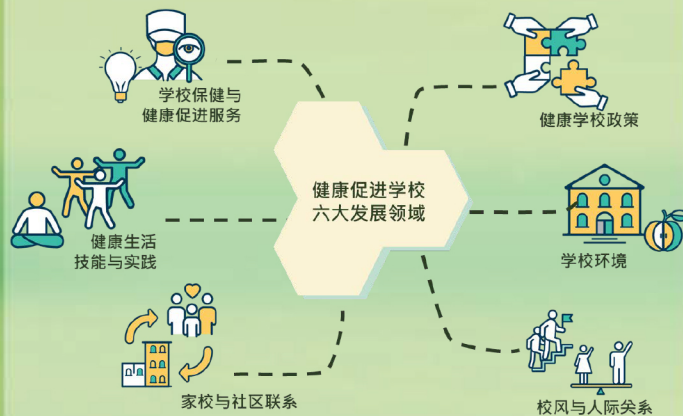
WSHP covers four health themes: physical activity, healthy eating, mental health and social well-being.



计划内容 CONTENT

卫生署根据世界卫生组织所倡议的六个发展领域制定了指引和检视表。六个发展领域为：(一)健康的学校政策、(二)学校环境、(三)校风与人际关系、(四)家校与社区连系、(五)健康生活技能与实践，以及(六)学校保健与健康促进服务。学生健康服务就推广四大健康主题为学校提供各种资源以支持及鼓励学生促进健康，达至「全校园，齐健康」的目标。

DH has devised a set of guidelines and checklist adapted from the WHO's HPS framework for action comprising six key domains, namely (1) healthy school policies, (2) school's physical environment, (3) school's social environment, (4) community links, (5) action competencies for healthy living, and (6) school health care and promotion services. To promote the four health themes, Student Health Service offers various resources to support and encourage students to promote health and achieve the goal of "Whole School, Whole Health".



参加办法 ENROLMENT

本计划是以学校为单位，只要所属学校参与本计划，其学生、家长及老师便可以免费接受服务。

This service is provided on a school basis. Students, their parents and teachers will receive this service free of charge once their schools have enrolled in our programme.

健康促进学校科 Health Promoting School Division

健康促进学校分队 Regional Team	服务地区 Districts Served	电话号码 Telephone Number
港岛健康促进学校分队 Hong Kong Health Promoting School Team	湾仔、东区、中区、西区、南区及离岛# Wan Chai, Eastern, Central, Western, Southern & Island District#	2717 5839
九龙健康促进学校分队 Kowloon Health Promoting School Team	观塘、深水埗、油尖旺、西贡、黄大仙及九龙城区 Kwun Tong, Sham Shui Po, Yau Tsim Mong, Sai Kung, Wong Tai Sin & Kowloon City Districts	2717 8052
新界东健康促进学校分队 New Territories East Health Promoting School Team	沙田、大埔及北区 Sha Tin, Tai Po & North District	2717 2009
新界西健康促进学校分队 New Territories West Health Promoting School Team	葵青、荃湾、屯门、元朗、东涌及大澳区 Kwai Tsing, Tsuen Wan, Tuen Mun, Yuen Long, Tung Chung & Tai O District	2149 5210

注：属离岛区的东涌及大澳学校可联络新界西健康促进学校分队

New Territories West Health Promoting School Team
Remarks: For school located in Tung Chung and Tai O, Please contact the New Territories West Health Promoting School Team

学生 健康服务

STUDENT HEALTH SERVICE



卫生署
Department of Health

最后更新日期：二零二四年九月 Last revision date: 09/2024

目標 Objectives

卫生署由1995/1996学年开始推行学生健康服务，旨在透过促进健康及预防疾病服务，保障学生生理和心理的健康，使他们能够在教育体系中得到最大的裨益及充分发挥潜能。

The Student Health Service was introduced by the Department of Health in the school year 1995/1996. It aims to safeguard both the physical and psychological health of students through health promotion and disease prevention services, enabling them to gain the maximum benefit from the education system and develop their full potential.

学生健康服务所提供的服务包括中心服务及外展服务（青少年健康服务计划）。

The Student Health Service provides centre-based services and outreach programmes (Adolescent Health Programme).



學生健康服務中心 STUDENT HEALTH SERVICE CENTRES

服務內容 SERVICES PROVIDED

学生健康服务中心于1995年开始为学生提供服务。本服务会安排已参加的学生前往学生健康服务中心，接受每年一次的健康服务。这些服务是为配合学生在各个成长阶段的健康需要而设计，其中包括身体检查；与生长、营养、血压、视力、听觉、脊柱、心理健康及行为有关的检查；个别健康辅导及健康教育。学生经检查后如发现健康问题，将获安排转介至学生健康服务辖下的健康评估中心、医院管理局专科诊所或其他机构接受详细评估、跟进或治疗。

*学生健康服务是一项促进健康及预防疾病的计划。如学生需要治疗服务，可前往医院管理局辖下普通科门诊诊所或私家医生求诊。学生如有学习困难问题，学生或家长应向老师或学校辅导人员寻求协助。

Student Health Service Centres started to provide services in 1995. Enrolled students will be given an annual appointment for health assessment at a Student Health Service Centre to receive services meeting the health needs at various stages of their development. These services include physical examination; screening for health problems related to growth, nutrition, blood pressure, vision, hearing, spine, psychological health and behaviour; individual health counselling and health education. Students found to have problems will be referred to the Special Assessment Centres of the Student Health Service, specialist clinics of the Hospital Authority or other institutions for detailed assessment, follow-up or treatment.

*The Student Health Service is a health promotion and disease prevention programme. Students who need curative service may seek medical treatment from the General Out-Patient Clinics of the Hospital Authority or their own private practitioners. For students with academic problems, they or their parents should seek advice from teachers or student guidance officers.

參加辦法 ENROLMENT

此项服务的对象包括所有就读日校的小学及中学学生。学生可于每个学年开始（九月），透过就读的学校办理参加手续，其后便可依照预约时间，到指定的学生健康服务中心接受每年一次健康检查。符合资格的学生可免费参加服务，而非符合资格的学生需要缴交年费。

在特殊情况下，若学生不能循以上方法参加服务，请浏览学生健康服务网页 www.studenthealth.gov.hk，下载参加表格及同意书，并将填妥的表格邮寄或传真至就近学生健康服务中心（中心资料及最新资讯请参阅本服务网页）。如有任何查询，欢迎致电 2349 4212。

The service is offered to all primary and secondary day school students. Students can enrol through their schools at the beginning of each school year in September. Enrolled students will be given an annual appointment for health assessment at a designated Student Health Service Centre. The service is free to eligible students. For non-eligible students, an annual fee will be charged.

In special circumstances, if students cannot join our service through the above method, please browse our website www.studenthealth.gov.hk to download the "Application and Consent Form for Student Health Service". The completed form can be sent either by mail or by fax to the nearby Student Health Service Centre (please refer to our website for the Centre Information and latest update). For enquiries, please call 2349 4212.

聯絡我們 CONTACT US

请于以下服务时间致电各中心

Please contact our centres during service hours

星期一至五：上午九时至下午一时，下午二时至六时

（公众假期除外）

（大埔学生健康服务中心逢星期三休息）

Monday to Friday: 9am-1pm, 2pm-6pm

(except public holidays)

(Tai Po SHSC is closed on Wednesday)

请浏览学生健康服务网页以获取最新资讯。

Please visit Student Health Service website for the latest information.

www.studenthealth.gov.hk

學生健康服務中心 Student Health Service Centres (SHSC)

電話號碼
Telephone
Number

* 柴湾学生健康服务中心 Chai Wan SHSC	2515 2813 2556 0929
* 西环学生健康服务中心 Western SHSC	2547 0766 2540 8075
* 蓝田学生健康服务中心 Lam Tin SHSC	3163 4646
* 九龙湾学生健康服务中心 Kowloon Bay SHSC	2117 0894 2117 0895
* 九龙城狮子会学生健康服务中心 (由2023年11月1日起暂时关闭) Kowloon City Lions Clubs SHSC (Temporary closed with effect from 1.11.2023)	2382 2220 2383 2976
* 慈云山伍若瑜学生健康服务中心 Tsz Wan Shan Wu York Yu SHSC	2320 6790 2322 5931
* 西九龙政府合署学生健康服务中心 West Kowloon Government Offices SHSC	3572 0727 3572 0757
* 沙田学生健康服务中心 Sha Tin SHSC	2609 3461 2609 5591
* 大埔学生健康服务中心（逢星期三休息） Tai Po SHSC (Closed on Wednesday)	2609 4597 2606 6214
* 北区学生健康服务中心 (前称石湖墟学生健康服务中心) North District SHSC (Formerly known as Shek Wu Hui SHSC)	2671 4027 2672 1856
* 南葵涌学生健康服务中心 South Kwai Chung SHSC	2615 2185 2614 2740
屯门学生健康服务中心 Tuen Mun SHSC	2441 6322 2430 0861
* 元朗学生健康服务中心 Yuen Long SHSC	2476 0500 2479 3057

健康評估中心 Special Assessment Centres (SAC)

電話號碼
Telephone
Number

* 柴湾健康评估中心 Chai Wan SAC	2147 7461
* 西环健康评估中心 Western SAC	2540 6036
* 蓝田健康评估中心 Lam Tin SAC	3163 4650
* 西九龙政府合署评估中心 West Kowloon Government Offices SAC	3572 0727 3572 0757

* 备注：有升降机设施

* Remarks: Lift facilities available