

## **How to Help Your Child in Studying?**

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- ☑ Prepare School Uniform
- ☑ 30 mins Exercises
- ☑ Finish Homework

☑ .....





Appreciate the Strengths and Efforts of Your Kids





**Develop Their** Self-discipline



Failures

## **Comparison with Others**

"You're really good at nothing! Such poor marks!

Look at your cousin.

He's always the top of the class every year."







## **Appropriate Expectation**



**Spend Quality Time Together** 





Challenges

## Related links:

How to Help Your Child in Studying **Building Your Child's Self-Esteem** 

Working with Dad and Mum to overcome

Life Challenges

**Emotional Health Tips** 

