

Smoke-free Youth, Healthy Life

Smoking can accelerate
ageing of skin

The brains of young people are still in
development stage.
Prolonged exposure to nicotine can
harm brain development

Smoking wastes money

E-cigarette is
not trendy

Harmful
substances in
E-cigarette

Flavoured cigarettes
are not candy

Tobacco companies launch
flavoured cigarettes to
attract youth

Say "No" to cigarette,
protect your health



Department of Health



Student Health Service



More information:
Tobacco and Alcohol
Control Office,
Department of Health