

提供疾病預防和基本健康服務，
促進員生健康

To provide disease prevention and
basic health services to promote the
health of students and staff



制定涵蓋體能活動、健康飲食、精神健康、
和諧校園等校本健康促進政策

To establish policies and practices that promote
health such as physical activity, healthy eating,
mental health and anti-bullying

透過健康教育課程及活動，
幫助學生獲得健康生活的知識和技能

To help students acquire knowledge and
skills for healthy living through health
education curriculum and activities



健康促進學校 六大發展領域 6 key factors of HPS



提供一個安全、衛生及促進
身心健康的學習環境

To provide a safe, hygienic and
healthy environment for learning

與家長和社區團體建立夥伴關係，推動
學校及社區的健康促進工作

To build partnership with parents and
community groups for health promotion in
schools and the community



營造關懷、尊重及互助的校園氛圍

To create a caring, respectful and
supportive ambience in schools