



# Rather Have None Than Having Too Much

## Promiscuity:

Any person, irrespective of gender, who has sex with more than one partner over the same period of time or various different random partners is considered promiscuous.

## Causes of promiscuity:

- ✧ influence from peers, the surroundings and the media
- ✧ curiosity and vanity
- ✧ a lack of sex knowledge
- ✧ recklessness

## Consequences of promiscuity:

- ✧ exposing to risks without knowing the other's conditions and motives
- ✧ suffering from mental stress
  - ⇒ emotional trauma due to being deceived
  - ⇒ family pressure
  - ⇒ problems about prospects
  - ⇒ pressure from moral standards of society
- ✧ facing the dilemma of continuing or aborting pregnancy as a result of pre-marital pregnancy
- ✧ having a higher chance of contracting sexually transmitted diseases (STDs) including AIDS

## STDs:

- ✧ STDs and AIDS are mainly transmitted through sexual contact with infected persons. AIDS can also be transmitted through blood and from mother to infant.
- ✧ STDs have various categories including:
  - ⇒ Bacterial STDs: gonorrhoea and syphilis, etc.
  - ⇒ Viral STDs: type II herpes, genital warts and AIDS, etc.
- ✧ STDs are serious illnesses which may affect sex organs, cause pain, spread to other systems with complications resulting in infertility and even death. STDs may be transmitted to sex partners. A pregnant woman contracting STDs may adversely affect her foetus.

## Prevention of STDs:

- ✧ developing a faithful sexual relationship with one single person free of STDs

An adolescent, having sex with his/her partner, would adversely affect their relationship and his/her personal growth due to immaturity.