

Teenage Dating

Principles and skills when discussing dating issue with teenagers

1. Communicate more with them. Listen to and share with them your past dating experience.
2. Establish trust with them and respect their privacy.
3. Discuss with them things they need to consider before dating.
4. Discuss and agree on rules of dating. Study should be the first priority. Avoid spending time alone with boyfriend / girlfriend in quiet place. Teach them to set up a physical intimacy boundary.



5. Discuss with them how to deal with boyfriend / girlfriend's sexual request. Discuss with them about the consequences of sexual behavior and not to maintain love by sexual relationship.
6. Assist them to manage emotional disturbance after break up. Show support and concern. Give practical advices. Seek for professional counseling if necessary.
7. Make use of community resources to improve parents' knowledge about teenage dating and sex education.