

#### Adulthood

- Complete the study, select a career
- Consider life goals and career plans
- Respect parents and accept their advice
- Dating, get married and start a family
- Have children
- Take up parental role



### Late adulthood

- Establish a career
- Raise up children
- Look after ageing parents
- Have a happy family and sweet home

# Elderly

- Retire
- Have grandchildren
- Enjoy your life

Everyone is unique as one's family background, past experience, vision, expectations, academic qualifications and talents are different. Work hard, be decisive and try your best to overcome the difficulties you encounter so that you will be able to fulfill your life goals and walk along your path smoothly. Wishing you a very bright and happy future!

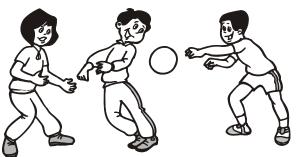
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### Infancy

- Rapid body growth
- Need parents' full attention and nurture



# Childhood

- Learn social skills for daily living
- Learn to get along with peers
- Imitate parents, seeing them as role models
- Adjust to school life

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#### Adolescence

- Stage for gaining knowledge
- Body starts to produce more hormones which stimulate pubertal development including secondary sexual characteristics and body growth
- Develop new and more mature relationships with peers of both sexes
- Achieve personal independence, develop your own goals and make your own choices
- Develop self-image, identity and self-esteem
- Pay attention to appearance and value peer's acceptance

