



衛生署
Department of Health



Whole
School
全校園 Health
健康計劃 Programme

學校分享會暨嘉許禮2026



「全校園健康計劃」
網頁



2026 年

2 月 3 日

(星期二)



香港康得思酒店7樓宴會廳

(九龍旺角上海街555號)



2:30 p.m. — 4:45 p.m.

活動流程表

簡介

歡迎辭

全體大合照

簡介「全校園健康計劃」

運動示範

頒發獎座予卓越學校

致送紀念品予運動示範嘉賓及分享嘉賓

卓越學校分享

分享會總結

世界衛生組織 西太平洋區域辦事處代表 致辭 (轉載自英文原文)

Message from the representative of
the **World Health Organization Western Pacific Region**

Honoured Guests, Colleagues, and Students,

Good afternoon. It is my great pleasure to join you in celebrating the achievements of Hong Kong's Whole School Health Programme. My warm congratulations to the Department of Health and all partners who have worked tirelessly to make schools healthier, safer and more supportive environment for learning and well-being.

The Importance of the Whole School Health Programme

Health and education reinforce each other. Healthy students learn better, participate more fully, and grow into adults who contribute to thriving communities. The Whole School Health Programme embodies this understanding by promoting a holistic, setting-based approach, one that integrates physical, mental, and social well-being into every aspect of school life.

Schools also shape family and neighborhoods. What we often describe as the spillover effect: when schools strengthen health, the benefits extend outward into society.

Connection to the New Regional Vision

This approach is fully aligned with WHO's new Regional Vision *Weaving Health for Families, Communities and Societies in the Western Pacific Region*. This vision emphasizes that health is a collective endeavor, just like weaving a mat where each strand represents the contribution of families, communities and systems working together. Schools are one of the strongest strands in this mat, serving as daily touchpoints for children and as the catalyst for long term societal change.

Collaboration and Systems Strengthening

We know from experience that school cannot address every health challenge on their own. Strong collaboration across sectors — health, education, social welfare, local government, parents and community groups is essential. Hong Kong's Whole School Health Programme stands out as an excellent example of what this collaboration looks like in practice. Your focus on physical, mental and social well-being, environmental health and student participation shows that what is possible when systems truly work together.

Looking Ahead: Social Determinants of Health (SDH) and Environmental Health

As we look to the future, it will be important to continue addressing the social determinants of health — ensuring that all learners have access to a supportive environment, equitable opportunities and mental health-promoting services. Strengthening environmental health, including clean and safe, school facilities and climate-ready environments, is also increasingly essential for protecting the health and well-being of students and communities.

Let us continue working together to ensure that every school becomes a health promoting school, and that these efforts contribute to a future where all families, communities and societies can thrive. Let us keep working together across sectors to keep school health a priority for all. Congratulations again on your accomplishments on the Whole School Health Programme in Hong Kong. And I look forward to seeing your continued leadership in the region.

Thank you very much.

Dr. Huong Thi Giang Tran

Director, Division of Health Promotion,
Disease Prevention and Control



全校園健康計劃

「全校園健康計劃」參考世界衛生組織所倡議的《健康促進學校框架》，協助學校逐步成為一所有益於生活、學習及工作的「健康促進學校」。

四大健康主題



體能活動



健康飲食



精神健康



社交健康

學校保健與
健康促進服務



健康生活
技能與實踐



家校與
社區聯繫



健康促進學校
六大發展領域



健康
學校政策



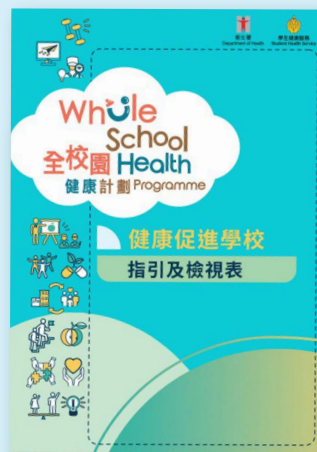
學校環境



校風與
人際關係

指引及檢視表

協助學校有系統地檢視及制定校本措施，促進體能活動、健康飲食、精神健康及社交健康



學校健康報告與建議

為學校編製「一校一健康報告」，建議針對性校本健康促進措施



健康促進學校諮詢委員會

主席

龐愛蘭女士, BBS, JP

非官方委員

黃至生教授	李大拔教授
葉柏強教授	鄭美紅教授
雷雄德博士, MH	鄧振鵬醫生
陳念慈女士, BBS, JP	謝洪森先生
邱春燕女士	李安迪先生
任竹嬌女士	

當然成員

衛生署社會醫學顧問醫生(家庭及學生健康)(秘書)

衛生署健康促進處主任

教育局首席助理秘書長(特殊教育)

康樂及文化事務署助理署長(康樂事務)

衛生署全校園健康計劃 卓越學校名單

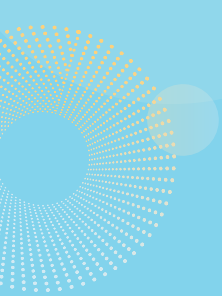
(以筆劃順序排名)

新晉卓越學校

- | | |
|-----------------|----------------|
| 🏆 大角嘴天主教小學 | 🏆 迦密梁省德學校 |
| 🏆 大埔舊墟公立學校(寶湖道) | 🏆 香港聖公會何明華會督中學 |
| 🏆 沙田官立中學 | 🏆 浸信會呂明才小學 |
| 🏆 東華三院郭一葦中學 | 🏆 馬鞍山聖若瑟中學 |
| 🏆 明愛屯門馬登基金中學 | 🏆 馬鞍山靈糧小學 |
| 🏆 保良局黃永樹小學 | 🏆 鳳溪創新小學 |
| 🏆 保良局錦泰小學 | 🏆 樂善堂梁銑琚書院 |

現有卓越學校

- | | |
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| 🏆 大埔崇德黃建常紀念學校 | 🏆 香海正覺蓮社佛教梁植偉中學 |
| 🏆 天主教領島學校 | 🏆 香港普通話研習社科技創意小學 |
| 🏆 元朗公立中學校友會鄧英業小學 | 🏆 崇真書院 |
| 🏆 林大輝中學 | 🏆 路德會沙崙學校 |
| 🏆 明愛聖若瑟中學 | 🏆 麗澤中學 |
| 🏆 保良局方王錦全小學 | |



全校園 齊健康

