

計劃簡介 INTRODUCTION

「全校園健康計劃」（計劃）參考世界衛生組織（世衛）倡議的《健康促進學校框架》，協助學校有系統地檢視及制定健康促進措施，逐步成為一所有益於生活、學習及工作的「健康促進學校」。

學校簽署《全校園健康約章》後，將成為「承諾學校」，承諾制定策略推廣健康。「承諾學校」提交檢視表後便可晉升為「行動學校」。若「行動學校」已全面落實《健康促進學校框架》，在六個「健康促進學校」發展領域展現全面的發展，並向其他學校分享健康促進工作的經驗，將獲授予「卓越學校」的稱號。

Taking reference to the "Health Promoting School (HPS)" framework advocated by the World Health Organization (WHO), the Whole School Health Programme (WSHP) assists schools in systematically reviewing and formulating health promotion measures, and gradually becoming a health promoting school that is beneficial for living, learning and working.

Schools signing the "Whole School Health Charter" become "Pledged Schools", committing to formulate strategies to promote health. "Pledged Schools" which submit checklist are upgraded to "Action schools". "Action schools" will be upgraded to "Advanced Schools" if they effectively implement the HPS framework through a whole school approach, demonstrate significant comprehensive development across all six key factors of HPS and share their experience with other schools.

承諾學校
Pledged School

行動學校
Action School

卓越學校
Advanced School

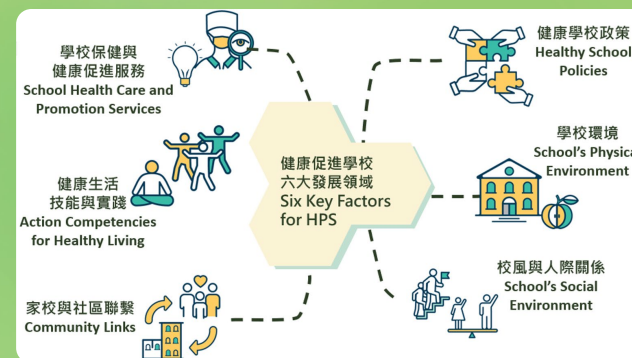
計劃內容 CONTENT

計劃環繞四大健康主題，包括體能活動、健康飲食、精神健康、社交健康，並按世衛所倡議的六個發展領域（即健康學校政策、學校環境、校風與人際關係、家校與社區聯繫、健康生活技能與實踐及學校保健與健康促進服務），通過指引和檢視表協助學校有系統地檢視和制定健康促進措施。

計劃為每所參與學校編製「一校一健康報告」，根據每所學校的整體學生健康狀況，建議針對性的校本健康促進措施，提升學生身心健康。

The WSHP covers four health themes: physical activity, healthy eating, mental health and social well-being, and has devised guidelines and checklist adapted from the WHO's HPS framework for action comprising six key factors, namely healthy school policies, school's physical environment, school's social environment, community links, action competencies for healthy living, and school health care and promotion services, to help them systematically review and formulate health promotion measures.

Based on the overall health status of students in each school, individualised health reports will be compiled for each participating school to recommend targeted school-based health promotion measures, to improve students' physical and psychological well-being.



聯絡我們 CONTACT US

學校可聯絡各健康促進學校分隊。

For schools, please contact Regional Health Promoting School Teams.

健康促進學校科 Health Promoting School Division		
健康促進學校分隊 Regional Team	服務地區 Districts Served	電話號碼 Telephone Number
港島健康促進學校分隊 Hong Kong Health Promoting School Team	灣仔、東區、中區、西區、南區及離島 # Wan Chai, Eastern, Central, Western, Southern & Island District#	2717 5839
九龍健康促進學校分隊 Kowloon Health Promoting School Team	觀塘、深水埗、油尖旺、西貢、黃大仙及九龍城區 Kwun Tong, Sham Shui Po, Yau Tsim Mong, Sai Kung, Wong Tai Sin & Kowloon City Districts	2717 8052
新界東健康促進學校分隊 New Territories East Health Promoting School Team	沙田、大埔及北區 Sha Tin, Tai Po & North District	2717 2009
新界西健康促進學校分隊 New Territories West Health Promoting School Team	葵青、荃灣、屯門、元朗、東涌及大澳區 Kwai Tsing, Tsuen Wan, Tuen Mun, Yuen Long, Tung Chung & Tai O District	2149 5210 2149 5218
# 註：屬離島區的東涌及大澳學校可聯絡新界西健康促進學校分隊 # Remarks: For school located in Tung Chung and Tai O, Please contact the New Territories West, Health Promoting School Team		



其他查詢及報名，歡迎致電健康促進學校科 3163 4574。

For other enquiries and enrolment, please contact Health Promoting School Division at 3163 4574.

學生 健康服務

STUDENT HEALTH SERVICE



最後更新日期：二零二六年三月

Last revision date: 03/2026



衛生署
Department of Health

目標 Objectives

衛生署由1995/1996學年開始推行學生健康服務，旨在透過促進健康及預防疾病服務，保障學生生理和心理的健康，使他們能夠在教育體系中能充分發揮潛能得到最大的裨益。

學生健康服務所提供的服務包括中心服務及全校園健康計劃。

The Student Health Service was introduced by the Department of Health in the school year 1995/1996. It aims to safeguard both the physical and psychological health of students through health promotion and disease prevention services, enabling them to gain the maximum benefit from the education system and develop their full potential.

The Student Health Service provides Centre-based Services and Whole School Health Programme.

學生健康服務中心 STUDENT HEALTH SERVICE CENTRES

服務內容 SERVICES PROVIDED

學生健康服務中心於1995年開始為學生提供服務。本服務會安排已登記參加的學生前往所屬學生健康服務中心，接受週年健康評估。評估服務是為配合學生在各個成長階段的健康需要而設定，其中包括：與生長、營養、血壓、視力、聽覺、脊柱、心理健康及行為有關的檢查、個別健康輔導、健康教育及身體檢查。學生經評估後如發現有健康問題，會獲安排轉介至學生健康服務轄下的健康評估中心、醫院管理局專科診所或其他機構接受進一步評估、跟進或治療。

*學生健康服務是一項促進健康及預防疾病的計劃。如學生需要治療服務，可前往醫院管理局轄下家庭醫學門診或私家醫生求診。學生如有學習困難問題，學生或家長應向老師或學校輔導人員尋求協助。

Student Health Service Centres started to provide services in 1995. Enrolled students will be given an annual appointment for health assessment at a Student Health Service Centre to receive services meeting the health needs at various stages of their development. These services include screening for health problems related to growth, nutrition, blood pressure, vision, hearing, spine, psychological health and behaviour; individual health counselling, health education and physical examination. Students found to have problems will be referred to the Special Assessment Centres of the Student Health Service, specialist clinics of the Hospital Authority or other institutions for further assessment, follow-up or treatment.

*The Student Health Service is a health promotion and disease prevention programme. Students who need treatment should seek medical advice from the Family Medicine Clinics of the Hospital Authority or their own private practitioners. For students with academic problems, parents should seek advice from teachers or student guidance officers in school.

參加辦法 ENROLMENT

學生健康服務的對象包括所有就讀日校的小學及中學學生。學生可於每個學年開始（九月），透過就讀的學校辦理參加手續，其後可依照預約時間，到指定的學生健康服務中心接受每年一次健康評估。符合資格的學生可免費參加服務，而非符合資格的學生需繳付年費。

若學生未能經學校報名參加服務，可瀏覽學生健康服務網頁www.studenthealth.gov.hk參閱報名詳情，如有任何查詢，歡迎致電 3163 4600。

Student Health service is offered to all primary and secondary day school students. Students can enrol through their schools at the beginning of each school year in September. Enrolled students will be given an annual appointment for health assessment at a designated Student Health Service Centre. The service is free to eligible students. For non-eligible students, an annual fee will be charged.

If students cannot join our service through the school, please browse our website www.studenthealth.gov.hk for detailed application procedure. For enquiries, please call 3163 4600.

聯絡我們 CONTACT US

請於以下服務時間致電各中心

Please contact our centres during service hours
星期一至五：上午九時至下午一時，下午二時至六時
(公眾假期除外)
(大埔學生健康服務中心逢星期三休息)

Monday to Friday: 9am-1pm, 2pm-6pm
(except public holidays)
(Tai Po SHSC is closed on Wednesday)

請瀏覽學生健康服務網頁以獲取最新資訊。

Please visit Student Health Service website for the latest information.

www.studenthealth.gov.hk

學生健康服務中心 Student Health Service Centres (SHSC)

電話號碼
Telephone
Number

柴灣學生健康服務中心 Chai Wan SHSC	2515 2813 2556 0929
西環學生健康服務中心 Western SHSC	2547 0766 2540 8075
藍田學生健康服務中心 Lam Tin SHSC	3163 4646
九龍灣學生健康服務中心 Kowloon Bay SHSC	2117 0894 2117 0895
慈雲山伍若瑜學生健康服務中心 Tsz Wan Shan Wu York Yu SHSC	2320 6790 2322 5931
西九龍政府合署學生健康服務中心 West Kowloon Government Offices SHSC	3572 0727 3572 0757
沙田學生健康服務中心 Sha Tin SHSC	2609 3461 2609 5591
大埔學生健康服務中心(逢星期三休息) Tai Po SHSC (Closed on Wednesday)	2609 4597 2606 6214
北區學生健康服務中心 (前稱石湖墟學生健康服務中心) North District SHSC (Formerly known as Shek Wu Hui SHSC)	2671 4027 2672 1856
南葵涌學生健康服務中心 South Kwai Chung SHSC	2615 2185 2614 2740
* 屯門學生健康服務中心 Tuen Mun SHSC	2441 6322 2430 0861
元朗學生健康服務中心 Yuen Long SHSC	2476 0500 2479 3057
九龍城獅子會學生健康服務中心 (由2023年11月1日起暫時關閉) Kowloon City Lions Clubs SHSC (Temporary closed with effect from 1.11.2023)	2382 2220 2383 2976

健康評估服務 Special Assessment Service (SAC)

電話號碼
Telephone
Number

柴灣健康評估中心 Chai Wan SAC	2147 7461
西環健康評估中心 Western SAC	2540 6036
藍田健康評估中心 Lam Tin SAC	3163 4650
西九龍政府合署評估中心 West Kowloon Government Offices SAC	3572 0727 3572 0757
沙田學生健康服務中心 Sha Tin SHSC	2609 3461 2609 5591
北區學生健康服務中心 North District SHSC	2671 4027 2672 1856
南葵涌學生健康服務中心 South Kwai Chung SHSC	2615 2185 2614 2740
* 屯門學生健康服務中心 Tuen Mun SHSC	2441 6322 2430 0861

* 備註：沒有升降機設施
Remarks: Lift facilities not available

